

*The Truth*  *About Health*

---

JUVENILE DIABETES IMPROVES WITH CHIROPRACTIC!

Vol. 3 Issue 111

“Melissa was diagnosed with Type I Juvenile Diabetes in February 1999. We were told she would be insulin-dependent for the rest of her life. Melissa was coming out of what is called the ‘honeymoon’ period in August. Her blood sugar levels were increasingly high with no pattern.

“The only way to deal with these ‘highs’ was to increase her insulins. She went from 2 insulins twice a day to needing a shot in the middle of the day also.

“Melissa never felt good. She suffered stomach problems and constant stomach pain from the time she woke up until well into the night. She had constant headaches and extreme mood swings. Her life became one battle after another. By God’s good grace we received a phone call from a chiropractor, explaining what chiropractic is and how he felt he could help Melissa. I felt we had nothing to lose. “After Melissa’s first adjustment, I made the mistake of giving her 12 units too much of Lente (a long-lasting insulin). Her diabetic team told me to be prepared for her to plummet and have her glucagon ready. After monitoring her all night, there was no low. Her morning blood sugar was normal also. Her body seemed to be compensating for the extra insulin.

“After getting adjustments for one month, Melissa’s blood sugars are stabilizing. She is off one of her insulins completely. We have been consistently lowering her insulin requirements. Before

treatment, Missy was getting 10 Lente and 4 Humalog in the morning and 9 Lente and 5 Humalog at night. Currently she takes 12 units of Lente in the morning (no Humalog) and 1 Lente at night (no Humalog). She rarely has mood swings and her stomach is almost completely better. Our goal is to have Melissa's pancreas do the work of producing insulin. We are in the process of this becoming a reality thanks to chiropractic and Dr. Zembroski."

— Debra de Bara, mother

SOURCE: Specific Chiropractic of Darien, Robert Zembroski, D.C., Debra de Bara.